A BELIEVER'S PATH INSTITUTE PRESENTATION

EVIL EYE, SORCERY & JINN POSSESSION

REMEDIES IN THE LIGHT OF THE

QUR'AN AND SUNNAH

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In the Name of Allah, the Most Gracious, the Most Merciful.

"And We send down of the Qur'an that which is a healing and a mercy to those who believe (in Islamic Monotheism and act on it), and it increases the Zaalimoon nothing but loss." (Al-Isra' 17:82)

The Messenger of Allah sallallahu alaihe wassallam said: "Allah does not send down any disease but He also send down a cure for it; those who know it know it, and those who do not know it do not know it." Ahmad 4/278

Qur'aan is a healing for the believers. This includes healing the heart (mental or spiritual disease) and physical healing. However we must understand that ultimate goodness and blessing is connected and is dependent upon understanding of the Qur'an and acting upon it. If Muslims recite it regularly and act upon it then it will be a source of many kinds of healing, and it will open the door to a great deal of goodness and ward off a great deal of evil.

Our life is nothing but struggle between us and Shaytan. Shaytan wishes to dominate us and take us to his destruction and ruin. In order to say on straight path we must fight against our enemy with respect to the inclinations of our soul, and thought of our heart. We must always scrutinize our goals and aims, in order for us to know how close or distant we stand from Allah and how far we are from the traps of Shaytan.

I have compiled this book on treatment by ruqya from "Self-Ruqya Treatment" by Dr. Khaled Al-Jeraisy, "The Jinn and Human Sickness" by Dr Abd'l Mundhir Khaleel ibn Ibraheem Ameen and "Protect Yourself from the Jinn and Shaytan" by Wahid Abd al-Salam Bali. The selected ruqyas can be easily used by anyone to treat himself and his family members for those who are suffering from evil eye, sorcery and possession by Jinn. I have also included the daily and nightly prayers for protection from Shaytan and his allies.

I ask Allah to make this book beneficial for the readers and accept my effort. I ask Allah to refuge us from Shatan and his plots and support us with His help and care. He is the greatest protector and helper. And peace and blessings be upon His servant and Messenger Muhammad sallalahu alaihe wassallam and upon his family and companions.

Zakia Usmani

Ten Things for Combating the Evil Eye, Envy and Sorcery

Following is a summary of what Ibn al-Qayyim (may Allah have mercy on him) suggests preventing the evil of envy, eye-casting and sorcery:

- One should seek Allah's protection from the evil of the envious, eye-casters and sorcerers.
- 2. One is to observe taqwa of Allah, by following His commands, and avoiding His prohibitions. Allah looks after whoever does that.
- 3. One should exercise patience towards the envious. Patience is the key to safety, for evil turns unto whoever starts it.
- 4. One is to put one's trust in Allah. Allah suffices whoever puts his trust in Him. This is a powerful means to overcoming and enduring harm that would be otherwise unbearable.
- 5. One is not to occupy oneself with the envious, i.e. one is to ignore or dismiss them from one's thoughts, and not to be afraid of them.
- 6. One is to get nearer to Allah and be faithful to Him. Nearness and sincerity to Allah provide one with great protection. Whoever does that is never lost.
- 7. One is to repent of one's sins, seeking Allah's forgiveness, resolving not to return to them. Nothing is as harmful as sins, knows or not.
- 8. One is to give charity as much as possible. This is a great means of protection from affliction, envy and the evil eye. As is wisely said, "Cure your illnesses with charity.
- 9. One is to treat others well, for good treatment, particularly of such people as the envious, the unjust and the harm doers, breeds amicability on the one hand, and alleviates or eliminates hatred and enmity on the other. Allah says, "The good deed and the evil deed are not alike. Repel the evil deed with one which is better than lo! He, between whom and you there was enmity (will become) as though he was a bosom friend."
- 10. One has to observe pure tawheed. Tawheed is the securest refuge for believers. One has to believe without the slightest doubt that Allah is the only originator of all causes, and that no benefit or harm can occur without His permission.

Important Things for Enduring Afflictions

The following points are important for enduring afflictions:

- 1. You have to believe in Allah's Divine Destiny/Decree, including its consequences, be they good or evil. The Prophet sallallahu alihe wassallam said, "None can be said to have faith till they believe in the Divine Decree, and the good or evil therewith, and till they believe that what has befallen them was not meant for others, and what has missed them was not meant to befall them.
- 2. You have to believe that whatever befalls you is a test from Allah, and a sign of Allah's love. It is an opportunity for purification from sins. The Prophet sallallau alaihe wassallam said, "The greater the suffering, the greater the reward. If Allah loves some people, He tests them by affliction. Those who are contented get the reward of contentment, and those who are discontented, get nothing but discontentment.
- 3. When afflicted, you should endure patiently, seeking reward from Allah, pinning hope on none but Him, and awaiting ease of affliction from non but Him. Doing so is considered a great act of worship. You should also to pray to Allah for healing. The Prophet sallallahu alaie wassallam said, "Ask Allah for healing in this world and the hereafter."

Common Symptoms of Sihr, Possession & Evil Eye

Those suffering from the effects of sihr, possession or the evil eye show such common symptoms that they become too difficult to distinguish. A patient does not necessarily show all related symptoms. Even some of the symptoms may not be related to sihr, possession or the evil eye at all, but to a physical or psychological illness.

There are two sets of related symptoms, before and during rugya.

Pre-ruqya symptoms are:

- 1. Sudden change emotion towards something from love to hatred, or vice versa.
- 2. Showing a variety of symptoms but without clear physical causes.
- 3. Feeling tight-chested, particularly after the 'Asr and Maghrib prayers.
- 4. Hatred of job, apathy towards society and study, and love of being alone.
- 5. Imagining having done things.
- 6. Having a pale face, and bluish or blackish marks on the body without clear causes.
- 7. Repeated headaches or sudden fevers.
- 8. Too much fighting and disagreement between husband and wife, or among family members over minor matters.
- 9. Imagining having visions while awake.
- 10. Feeling lazy, inactive and fatigued and having a weak appetite for food.
- 11. Repeated feeling of imbalance during walk
- 12. Repeated hearing of noise in one or two ears.
- 13. Having pain or bleeding in the womb, particularly during menstruation, or having unusually repeated periods.

- 14. Becoming very angry for the slightest reasons.
- 15. Persistent desire to sleep, and suffering from heavy sleep, which makes it difficult to wake up.
- 16. Hearing voices calling one's name, without seeing any callers.
- 17. Having continuous pain moving in one's lower back, waist or between shoulders.
- 18. Having skin allergy, accompanied by a feeling of scratch skin, and the appearance of swellings or acne on the body.
- 19. Repeated diarrhea, too much wind, heartburn or chronic constipation.
- 20. Weak eyesight and obvious abnormalities of eyesight.
- 21. Worry, depression, sadness, gloominess, restlessness, scare & strong fear.
- 22. Being overcome by whisperings.
- 23. Being continuously absent-minded, and being much forgetful.
- 24. Apathy towards remembrance of Allah and towards good deeds.
- 25. Having perspiration with an unusual smell, or a strange or bad odor, smelt by the patient, but not necessarily by others. There may be too much perspiration, or urination.
- 26. Being unable to have erection, intercourse, on the husbands' part, while having no desire for intercourse on the wife's part.
- 27. Repeated incidents of talking during sleep, grinding of one's teeth, with a clearly heard sound or pain.
- 28. Repeated incidents of feeling a heavy chest during sleep.
- 29. Repeated incidents of sleep walking, insomnia, or sudden fearful awakening from sleep.

Symptoms that appear in a dream

- 1. Insomnia: When a person cannot find sleep, except after a long period of relaxation.
- 2. Anxiety: Which leads to much waking up during the night.
- 3. Nightmares: When a person sees something that worries him, in a dream, and he wants to seek help, but could not.
- 4. To see animals in a dream, such as a cat, dog, camel, snake, lion, fox, mouse.
- 5. To bite one's teeth in a dream
- 6. Laughing, crying, or screaming in a dream.
- 7. Moaning in a dream
- 8. Sleepwalking
- 9. To see oneself, in a dream, falling from a high position
- 10. To dream of being in a cemetery, a refuse place or a deserted road.
- 11. To see people with some strange features; to notice excessive height or shortness in them, or seeing completely black people.
- 12. To see ghosts in a dream.

Some of the symptoms that may show during Rugya are:

- 1. Having epileptic fits.
- 2. Being tight-chested
- 3. Quick movement of eyelids
- 4. Loud screams
- 5. Bowel movements, with sounds or gasses in the tummy, and colic.
- 6. Change in patient's voice, and the production of strange sounds.
- 7. Swelling in one of the two neck veins.
- 8. Too much dosing or sleep
- 9. Laughing or crying for no obvious reason.
- 10. Feeling dizzy, getting nausea, and vomiting things with strange shapes and colors.
- 11. Severe headaches.
- 12. Feeling heaviness or numbness in the limbs, or feeling extreme heat or cold in them.
- 13. Feeling that something is moving quietly out of the body.
- 14. Varied pains that move around body parts
- 15. Involuntary movement and shaking of some limbs.
- 16. Too much mucus in the mouth
- 17. Speaking without being conscious of one's own words.
- 18. Too much sweating, particularly in the back.
- 19. Tears and runny noses, without good reason such as common cold.

- 20. Too much yawning
- 21. Eczema, spots or redness in the skin.
- 22. Feeling much fatigued during the ruqya and having no interest in completing it.
- 23. A shaking feeling spreading all over the body
- 24. Losing consciousness, and snoring.
- 25. Blackness in the face, but once the patient vomits, his face brightens.
- 26. Bad smell from the stomach to the mouth.
- 27. Sudden heart palpitations which increase steadily.
- 28. Feeling bitterness in the mouth when drinking water treated with Qur'anic Ayahs.

TREATMENT FOR EVIL EYE

If it is not known who put the evil eye on a person, then the one who has been affected should turn to Allah by reciting the Dhikrs and Ruqyas that are prescribed in Sharee'ah, for there is healing in them if Allah wills.

The sick person should hold his hands up together and recite into them al-Fatiha, Ayat al-Kursi and Al-Mu'awwidhaat, then blow into his hands and wipe them all over his body.

The sick person may also recite these verses over olive oil and smear it on the site of pain, and he may wash and drink from that water.

The prayers for refuge that have been narrated from the Prophet SAW are:

1 - "A'oodhu bi kalimaat-illaah il-taammati min sharri ma khalaq

2 -''A'oodhu bi kalimaat Allaah Al-taammah min kulli shaytaanin wa haammah wa min kulli 'aynin laammah

- «بِسْمِ اللهِ أَرْقِيكَ مِنْ كُلِّ شَيْءٍ يُؤْذِيكَ، وَمِنْ شَرِّ كُلِّ نَفْسٍ أَوْ عَيْنِ حَاسِدٍ، اللهُ يَشْفِيكَ، بِسْمِ اللهِ أَرْقِيكَ»
- 3 "Bismillaahi arqeeka min kulli shay'in yu'dheeka, min sharri kulli nafsin aw 'aynin haasid Allaahu yashfeek, bismillaahi arqeek

"بِسْمِ اللهِ يُبْرِيكَ، وَمِنْ كُلِّ دَاءٍ يَشْفِيكَ، وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ، وَمِنْ شَرِّ كُلِّ ذِي عَيْنٍ»

4 - Bismillaah yubreeka wa min kulli daa'in yashfeeka wa min sharri haasidin idha hasad wa min sharri kulli dhi-'ayn

﴿أَعُوذُ بِكَلِمَاتِ اللهِ التَّامَّاتِ الَّتِي لَا يُجَاوِزُهُنَّ بَرُّ وَلَا فَاجِرٌ، مِنْ شَرِّ مَا يَنْزِلُ مِنَ السَّمَاءِ، مِنْ شَرِّ مَا يَنْزِلُ مِنَ السَّمَاءِ، وَمِنْ شَرِّ مَا يَنْزِلُ مِنَ السَّمَاءِ، وَمِنْ شَرِّ فَتَنِ اللَّيْلِ وَالنَّهَادِ، وَمِنْ شَرِّ فَتَنِ اللَّيْلِ وَالنَّهَادِ، وَمِنْ شَرِّ فَتَنِ اللَّيْلِ وَالنَّهَادِ، وَمِنْ شَرِّ طَوَادِقِ اللَّيْلِ وَالنَّهَادِ، وَمِنْ شَرِّ طَوَادِقِ اللَّيْلِ، إلَّا طَارِقًا يَطْرُقُ بِخَيْرٍ، يَارَحْمُنُ ﴾

1 - "A'oodhu bi kalimaat-illaah il-taammaati allati laa yujaawizuhunna barrun wa laa faajir, min sharri ma khalaqa wa dhara'a wa bara'a, wa min sharri ma yanzilu min Al-samaa'i wa min sharri ma ya'ruju fiha, wa min sharri ma dhara'a fi'l-ardi wa min sharri ma yakhruju minha, wa min sharri fitan Al-layli wa'l-nahaar, wa min sharri tawaariq Al-layl, illa taariqan yatruqu bi khayr, ya Rahmaan

«أَعُوذُ بِكَلِمَاتِ اللهِ التَّامَّةِ، مِنْ غَضَبِهِ وَعِقَابِهِ وَمِنْ شَرِّ عِبَادِهِ، وَمِنْ شَرِّ عِبَادِهِ، وَمِنْ هَمَزَاتِ الشَّيَاطِينِ وَأَنْ يَحْضُرُونِ»

2 - A'oodhu bi kalimaat-illaah il-taammati min ghadabihi

«اللَّهُمَّ إِنِّي أَعُوذُ بِوَجْهِكَ الْكَرِيم، وَكَلِمَاتِكَ التَّامَّاتِ، مِنْ شَرِّ مَا أَنْتَ آخِذٌ بِنَاصِيَتِهِ، اللَّهُمَّ أَنْتَ تَكْشِفُ الْمَأْثَمَ وَالْمَغْرَمَ اللَّهُمَّ أَنْتَ تَكْشِفُ الْمَأْثَمَ وَالْمَغْرَمَ اللَّهُمَّ إِنَّهُ لَا يُهْزَمُ جُنْدُكَ وَلَا يُخْلَفُ وَعُدُكَ، سُبْحَانَكَ وَبِحَمْدِكَ»

3 - "Allaahumma inni a'oodhu bi wajhika'l-kareem, wa kalimaatik Al-taammaati min sharri ma anta aakhidhun bi naasiyatihi. Allaahumma anta takshif Al-ma'tham wa'l-maghrama. Allaahumma innahu laa yuhzamu junduka wa la yukhlaf wa'duka, subhaanaka wa bi hamdika

«اللَّهُمَّ أَنْتَ رَبِّي، لَا إِلَه إِلَّا أَنْتَ، عَلَيْكَ تَوَكَّلْتُ وَأَنْتَ رَبُّ الْعَرْشِ الْعَظِيمِ، مَا شَاءَ الله كَانَ، وَمَالَمْ يَشَأُ لَمْ يَكُنْ، وَلَا الْعَرْشِ الْعَظِيمِ، مَا شَاءَ الله كَانَ، وَمَالَمْ يَشَأُ لَمْ يَكُنْ، وَلَا حُوْلَ وَلَا قُوَّةَ إِلَّا بِاللهِ، أَعْلَمُ أَنَّ اللهَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، وَأَنَّ اللهَ قَدْ أَحَاطَ بِكُلِّ شَيْءٍ عَدَدًا، اللَّهُمَّ اللهَ قَدْ أَحَاطَ بِكُلِّ شَيْءٍ عِلْمًا، وَأَحْصَى كُلَّ شَيْءٍ عَدَدًا، اللَّهُمَّ اللهَ قَدْ أَحَاطَ بِكُلِّ شَيْءٍ عِلْمًا، وَأَحْصَى كُلَّ شَيْءٍ عَدَدًا، اللَّهُمَّ

إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ، وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ، وَمِنْ شَرِّ كُلِّ دَابَّةٍ أَنْتَ آخِذٌ بِنَاصِيَتِهَا إِنَّ رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ»

4 - "Allaahumma anta rabbiy, laa ilaaha illa anta, 'alayka tawwakaltu wa anta rabb ul-'arsh il-'azeem. Ma shaa'a Allaahu kaana wa ma lam yasha' lam yakun wa laa hawla wa laa quwwata illa Billaah. A'lamu anna Allaaha 'ala kulli shay'in qadeer wa anna Allaaha qad ahaata bi kulli shay'in 'ilman wa ahsa kulla shay'in 'adadan. Allaahumma inni a'oodhu bika min sharri nafsi wa min sharri'l-shaytaani wa sharakihi wa min sharri kulli daabbatin anta aakhidhun bi naasiyatihi, inna rabbiy 'ala siraatin mustaqeem

TREATMENT FOR SIHR/WITCHCRAFT

Reading Qur'an and known supplications expressing seeking refuge, the most important and effective of which is surah 113 and 114, Al-Falaq and Al-Naas, which were used to cure the Prophet himself. Surah 112, Al-Ikhlas, is recommended along with them, as well as the opening chapter of the Qur'an, Al-Fatihah. To cure black magic some have successfully used seven lotus-tree leaves. The leaves should be crushed, and then mixed them with water enough for taking a bath. The following verses from the Qur'an are then recited: verse Al-Kursi (2:255), surah Al-Kafiroon (109), surah 112, 113, 114; the verses which mention magic, which are: in surah Al-Baqarah (2:102), Al-A'raaf (3:117-119), Yunus (10:79-82), and Taha (20:65-69). The possessed person drinks some of the water, and the rest is used to give him a bath.

- 1. Soorat al-Faatihah
- 2. Aayat al-Kursiy from Soorat al-Baqarah,
- 3. The verses from Soorat al-A'raaf, [al-A'raaf 7:106-122]
- 4. The verses from Soorat Yoonus, (Yoonus 10:79-82)
- 5. The verses from Soorat Ta-Ha, [Ta-Ha 20:65-69]
- 6. Soorat al-Kaafiroon
- 7. Soorat al-Ikhlaas and al-Mi'wadhatayn (i.e., Soorat al-Falaq and Soorat al-Naas) to be recited three times.
- 8. Reciting some of the du'aa's prescribed in sharee'ah

بِنسِهِ الدَّفَ الْحَيْدُ الْحَيْدِ الْ الْمَدَّ الْحَيْدِ الْمُدَّ الْحَيْدِ الْمُدَّ الْحَيْدِ الْمُدْ الْمُدِينِ الْمُعْدُولِ الْمُدِينِ الْمُعْدُولِ اللَّهِ الْمُدْدُولِ اللَّهِ الْمُدْدُولُ اللَّهِ الْمُدْدُولُ اللَّهِ الْمُدْدُولُ اللَّهِ الْمُدْدُولُ اللَّهِ اللَّهِ الْمُدُولُ اللَّهِ اللَّهُ اللْمُعُلِمُ اللَّهُ اللْمُعَالِمُ اللْمُعَالِمُ اللَّهُ اللَّهُ اللْمُعَالِمُ اللْمُلْمُ اللْمُعُلِمُ اللْمُعُلِمُ اللَّهُ اللْمُعَالِمُ اللْمُعَالِمُ اللْمُعَالِمُ اللْمُلْمُ

2 - Aayat Al-Kursiy

3 - Al-A'raaf

﴿ وَأَوْحَيْنَا إِلَى مُوسَىٰ أَنُ أَلْقِ عَصَاكً فَإِذَا هِي تَلْقَفُ مَا يَأْفِكُونَ ۞ فَوَقَعَ ٱلْحَقُّ وَبَطَلَ مَا كَانُوا يَعْمَلُونَ ۞ فَعُلِبُوا هُنَالِكَ وَانقَلَبُوا صَنغِرِينَ ۞ وَأُلَّقِيَ ٱلسَّحَرَةُ سَنَجِدِينَ ۞ قَالُوٓا ءَامَنَّا بِرَبِّ ٱلْعَلَمِينَ ۞ رَبِّ مُوسَىٰ وَهُدُرُونَ ﴾

4 - Yoonus

﴿ فَلَمَّا أَلْقَوْا قَالَ مُوسَىٰ مَا جِنْتُم بِهِ ٱلسِّحْرُ إِنَّ ٱللَّهَ سَيُبْطِلُهُۥ إِنَّ ٱللَّهَ لَا يُصَلِحُ عَمَلَ ٱلْمُفْسِدِينَ ۞ وَيُحِقُّ ٱللَّهُ ٱلْحَقَّ بِكَلِمَنيْهِ، وَلَوْ كَرِهَ ٱلْمُجْرِمُونَ ﴾

5 - Ta-Ha ﴿ وَأَلْقِ مَا فِي يَمِينِكَ نَلْقَفُ مَا صَنَعُواً إِنَّمَا صَنَعُواْ كَيْدُ سَاحِرٍ وَلَا يُقْلِحُ السَّاحِرُ حَيْثُ أَنَّ ﴾ السَّاحِرُ حَيْثُ أَنَّ ﴾

6 - The Soorahs recited to seek protection with Allaah - Al-Ikhlaas, Al-Falaq and An-Naas.

﴿ قُلْ هُوَ ٱللَّهُ أَحَدُ ۞ ٱللَّهُ ٱلطَّكَمَدُ ۞ لَمْ كِلِدْ وَلَمْ يُولَـذَ وَلَمْ يُولَـذَ وَلَمْ يُولَـذَ

﴿ قُلْ أَعُوذُ بِرَبِّ ٱلْفَكَقِ ۞ مِن شَرِ مَا خَلَقَ ۞ وَمِن شَرِ غَاسِقٍ إِذَا وَقَبَ ۞ وَمِن شَرِ النَّفَّ ثَنْتِ فِي ٱلْعُقَدِ ۞ وَمِن شَكِرِ النَّفَّ ثَنْتِ فِي ٱلْعُقَدِ ۞ وَمِن شَكِرِ حَاسِدٍ إِذَا حَسَدَ ﴾

(Al-Falaq 113)

﴿ قُلُ أَعُوذُ بِرَبِّ ٱلنَّاسِ ۞ مَلِكِ ٱلنَّاسِ ۞ إِلَكِ ٱلنَّاسِ ۞ مِن شَرِّ ٱلْوَسُواسِ ٱلْخَنَّاسِ ۞ مِنَ ٱلْجِنَّةِ ٱلنَّاسِ ۞ مِنَ ٱلْجِنَّةِ وَٱلنَّاسِ ۞ مِنَ ٱلْجِنَّةِ وَٱلنَّاسِ ﴾

RUQYA FOR POSSESSED BY JINN

Not anybody can heal a possessed person; therefore, an exorcist should have the following characteristics:

- 1. He should observe the principles of Tawheed in his words and actions.
- 2. He should believe that the Words of Allah have effects on Jinn and demons.
- 3. He should be acquainted with the conditions of Jinn and demons
- 4. He should be aware of the conduct of Satan.
- 5. It is recommendable for the exorcist to be a married man.
- 6. He should be a person who avoids illegal (forbidden) acts in Islam, which Satan uses to attack a person.
- 7. It is recommendable for the exorcist to be a married man.
- 8. He should be a person who avoids forbidden acts in Islam, which Satan uses to attack a person.
- 9. He should be obedient to Allah SWT, observing all acts of worship, and against the will of Satan.
- 10.He should observe supplication to Allah SWT seeking refuge in Him from the Devil. These supplications were taught be the Prophet SAW and which should be said when leaving or entering the house; entering and leaving the mosque; seeing the moon; boarding a vehicle etc.
- 11. To have sincere intention when healing
- 12.He should be equipped with all types of protection such as morning and evening adkhara, duas. In general, whenever a man gets closer to Allah SWT, he distances himself from Satan, and rather gets more powerful and effective over Satan. You should know that if you manage to control yourself and your devil (the jinn assigned to you), then you are most likely to overpower others; but if you fail to control them, then you are definitely too weak before others.

THE METHOD OF HEALING

The process of healing takes three stages:

THE FIRST STAGE: Preparation before the treatment.

- 1. Preparing the right environment, your need to remove any pictures or photographs in the house where you are going to undergo the treatment, in order for the Angels to enter there.
- 2. Remove any amulet that the patient may have and burn it.
- 3. Rid the place of any type of musical instrument.
- 4. The place should not host any legal infringement in Islam, such as a man wearing gold or an unveiled woman.
- 5. Give the patient and his family a lesson in the Islamic faith, by which you remove any attachment, in their heart, with other than Allah.
- 6. You start by distinguishing between your method of treatment and that of the sorcerers and liars, and explain to them that there is healing and mercy in the Qur'an. As Allah said.
- 7. It is recommended to do ablution before you start the treatment, and ask the people with you to do likewise.
- 8. If the patient is female, do not start the treatment until she covers herself properly, in order not to reveal anything during the treatment.
- 9. Do not treat a woman except in the presence of a mahram of hers.
- 10. When treating woman, do not invite someone who is not her mahram.
- 11. Ask Allah SWT to help you chase these Jinn away from the body of the patient, and grant you victory over him/her.

THE SECOND STAGE: The treatment

First you should place your hand on the head of the patient and slowly recite the following verses, in his/her ear: (Do not place your hand on the head in case of a woman)

﴿ ٱلْحَكَمْدُ لِلَّهِ رَبِّ ٱلْعَكَمِينَ ۞ ٱلرَّحْمَنِ ٱلرَّحِيمِ ۞ ملكِ يَوْمِ اللَّهِنِ ۞ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۞ آهْدِنَا ٱلصِّرَطَ ٱلدِّينِ ۞ أَهْدِنَا ٱلصِّرَطَ اللَّهِنَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ أَلْكُنَاتُ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الطَّهَالِينَ ﴾ ولا الطَّهَالِينَ ﴾

2 - The first five Verses of Soorah Al-Baqarah:

﴿ الْمَدَ وَ ذَالِكَ ٱلْكِنْابُ لَا رَبْ فِيهِ هُدَى لِلْمُنَّقِينَ وَ ٱلْذِينَ فِيهِ هُدَى لِلْمُنَّقِينَ وَ ٱلْذِينَ وَمُعَلَوْنَ وَمِمَّا رَزَقْنَاهُمْ يُفِقُونَ وَ وَمِمَّا رَزَقْنَاهُمْ يُفِقُونَ وَ وَالْمَا لَوْ وَمِمَّا رَزَقْنَاهُمْ يُفِقُونَ وَ وَالْمَا اللَّهِ وَاللَّذِينَ يُؤْمِنُونَ بِمَا أُنزِلَ إِلَيْكَ وَمَا أُنزِلَ مِن قَبْلِكَ وَبَالْاَخِرَةِ هُمْ وَاللَّذِينَ يُؤْمِنُونَ بِمَا أُنزِلَ إِلَيْكَ وَمَا أُنزِلَ مِن قَبْلِكَ وَبَالْاَخِرَةِ هُمْ وَاللَّذِينَ يُوقِنُونَ وَ أُولَيْتِكَ هُمُ ٱلْمُفْلِحُونَ ﴾ يُوقِنُونَ و أُولَتِهِكَ هُمُ ٱلْمُفْلِحُونَ ﴾ يُوقِنُونَ و أُولَتِهِكَ هُمُ ٱلْمُفْلِحُونَ ﴾

3 - Verses 163-164 of Soorah Al-Baqarah:

﴿ وَإِلَنَّهُ كُورَ إِلَنَّ وَبَعِلْمُ لَآ إِلَهَ إِلَّا هُوَ الرَّحْمَنُ الرَّحِيمُ ۞ إِنَّ فِي خَلْقِ السَّمَوَتِ وَالْفَلْكِ الَّذِي جَنْدِي فِي السَّمَوَتِ وَالْفَلْكِ النَّي جَنْدِي فِي السَّمَوَتِ وَالْفَلْكِ النَّاسَ وَمَا أَنْزَلَ اللَّهُ مِنَ السَّمَاءِ مِن مَّاءٍ فَأَخِيا بِهِ الْبَرْضَ بَعْدَ مَوْتِهَا وَبَثَ فِيهَا مِن كُلِّ وَالنَّدَةِ وَتَصْرِيفِ الرِّينِجِ الْأَرْضَ بَعْدَ مَوْتِهَا وَبَثَ فِيهَا مِن كُلِّ وَالْأَرْضِ لَآيَةٍ وَتَصْرِيفِ الرِّينِجِ وَالسَّحَابِ الْمُسَخَّرِ بَيْنَ السَّمَاءِ وَالْأَرْضِ لَآيَتِ لِقَوْمٍ يَعْقِلُونَ ﴾ والسَّحَابِ الْمُسَخَّرِ بَيْنَ السَّمَاءِ وَالْأَرْضِ لَآيَتِ لِقَوْمٍ يَعْقِلُونَ ﴾

4 - Verses 255-257 of Soorah Al-Baqarah:

﴿ اللّهُ لا إِلَهُ إِلّهُ إِلّهُ هُو الْمَى الْقَيْوَمُ لا مَأْخُذُهُ سِنَةٌ وَلا نَوْمٌ لَهُ مَا فِي السَّمَوَتِ وَمَا فِي الْأَرْضُ مَن ذَا الّذِى يَشْفَعُ عِندَهُ وَإِلّا بِإِذِنهِ وَيَعلَمُ مَا السَّمَوَتِ وَمَا خَلْفَهُمْ وَلا يُحِيطُونَ مِشَيْءٍ مِنْ عِلْمِهِ إِلّا بِمَا شَاةً وَسِعَ كُرْسِيُّهُ السّمَوَتِ وَالْأَرْضُ وَلا يَحُودُهُ حِفْظُهُما وَهُو الْمَلِيُ الْعَظِيمُ وَسِعَ كُرْسِيُّهُ السّمَوَتِ وَالْأَرْضُ وَلا يَحُودُهُ حِفْظُهُما وَهُو الْمَلِيُ الْعَظِيمُ وَسِعَ كُرْسِينُهُ السّمَوَتِ وَالْأَرْضُ وَلا يَحُودُهُ حِفْظُهُما وَهُو الْمَلِيُ الْعَظِيمُ وَلا يَحُودُهُ مِفْظُهُما وَهُو الْمَلِي الْعَلَيْمُ وَلَا يَعُودُهُ عِفْظُهُما وَهُو الْمَلِي الْفَعِيمُ وَلا يَعُودُ وَلَيْ الْمَلْعُوتِ وَيُؤْمِنَ بِاللّهِ فَقَدِ السّتَمْسَكَ بِالْمُرَّةِ الْوَتْقَى لا انفِصامَ لَمَا وَاللّهُ وَيُو اللّهُ مِنْ اللّهُ اللّهُ وَلَيْمُ مَن اللّهُ اللّهُ اللّهُ وَلَيْمُ مَن اللّهُ اللّهُ اللّهُ اللّهُ وَلَيْمَ وَلَى اللّهُ اللّهُ اللّهُ وَلَيْمَ اللّهُ اللّهُ وَلَيْمَ اللّهُ اللّهُ وَاللّهُ اللّهُ اللّهُ اللّهُ وَلَيْمَ اللّهُ اللّهُ وَلَهُ اللّهُ وَلَا اللّهُ وَلَا اللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَلَا اللّهُ اللّهُ وَلَهُ مَا اللّهُ وَلَهُ اللّهُ وَلَا اللّهُ وَاللّهُ وَاللّهُ اللّهُ وَلَا اللّهُ ولَا اللّهُ وَلَا اللّهُ وَلَا اللّهُ وَاللّهُ اللّهُ وَلَا اللّهُ وَلَا اللّهُ وَاللّهُ وَلَا اللّهُ وَلَا اللّهُ وَلَا اللّهُ ولَا اللّهُ اللّهُ ولَا الللّهُ ولَا اللّهُ ولَا اللّهُ ولَا الللّهُ ولَا اللّهُ ولَا الللّهُ ولَا اللللّهُ ولَا الللّهُ ولَا الللّهُ ولَا الللّهُ ولَا اللّهُ اللّهُ ولَا الللّهُ وللللّهُ ولَا الللللّهُ ولَا الللّهُ ولَا الللللّهُ ولَا اللّهُ الللللّهُ ولَا الللّهُ ولَا الللّهُ ولَا الللّهُ ولَا الللللّهُ ولَ

5 - Verses 285-286 of Soorah Al-Baqarah:

﴿ اَمْنَ ٱلرَّسُولُ بِمَا أُنْزِلَ إِلَيْهِ مِن رَّبِهِ وَٱلْمُؤْمِنُونَ كُلُّ ءَامَنَ بِاللّهِ وَمَلَتِهِكِيهِ وَكُنُهِ وَرُسُلِهِ لَا نُفَرِّقُ بَيْنَ أَحَدٍ مِّن رُسُلِهِ وَقَالُواْ مَمْ مَنَا وَأَطَعْنَا عُفْرَانَكَ رَبَّنَا وَإِلَيْكَ ٱلْمَصِيرُ ۞ لَا يُكَلِّفُ ٱللّهُ نَفْسًا إِلَا وُسَعَهَا لَهَا مَا كُسَبَتْ وَعَلَيْهَا مَا ٱكْسَبَتْ رَبَّنَا لَا تُوَاخِذُنَا إِن نَسِينَا أَوْ إِلَا وَسَعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا ٱكْسَبَتْ رَبَّنَا لَا تُوَاخِذُنَا إِن نَسِينَا أَوْ أَخْطَأَنَا رَبَّنَا وَلَا تَحْمِلُ عَلَيْهَا مَا ٱكْسَبَتْ رَبَّنَا لَا تُوَاخِذُنَا إِن نَسِينَا أَوْ أَخْطَأَنَا رَبَّنَا وَلَا تَحْمِلُ عَلَيْهَا مَا الْكَسَبَتْ رَبِّنَا لَا تُوَاخِذُنَا إِن فَيْدِينَا إِلَيْنَا اللّهِ اللّهِ اللّهِ اللّهُ وَاعْفُ عَنَا وَاغْفِرُ لَنَا وَٱرْحَمُنَا أَنْ اللّهُ مَوْلِكُ اللّهُ مَا لَكُولُولُ اللّهُ الللّهُ اللّهُ اللّهُ اللّهُ اللّهُ الللّهُ اللّهُ ال

6 - Verses 18-19 of Soorah Aali 'Imraan:

﴿ شَهِدَ اللَّهُ أَنَّهُ لَآ إِلَهَ إِلَّا هُوَ وَٱلْمَلَتَهِكَةُ وَأُولُوا الْعِلْمِ قَابِمًا بِالْقِسْطِ الْآ إِلَهَ إِلَّا هُوَ الْمَلِيكُ أَلُولُوا الْعِلْمِ اللَّهِ الْإِسْلَامُ اللَّهِ إِلَّا هُوَ الْمَرْبِينُ الْمَكِيمُ () إِنَّ الدِينَ عِندَ اللَّهِ الْإِسْلَامُ وَمَا اخْتَلَفَ الَّذِينَ أُوتُوا الْكِتَبَ إِلَّا مِنْ بَعْدِ مَا جَآءَهُمُ الْمِلْمُ وَمَا اخْتَلَفَ الَّذِينَ أُوتُوا الْكِتَبَ إِلَّا مِنْ بَعْدِ مَا جَآءَهُمُ الْمِلْمُ الْمِلْمُ الْمَا بَنْهُمْ وَمَن يَكُفُرُ بِتَايَنتِ اللَّهِ فَإِنْ اللَّهُ سَرِيعُ الْجَسَابِ ﴾

7 - Verses 54-56 of Soorah Al-A'raaf:

﴿ إِنَّ رَبَّكُمُ اللَّهُ اللَّهِ اللَّهِ اللَّهِ اللَّهَ اللَّهَ اللَّهَ اللَّهَ اللَّهُ وَالْأَرْضَ فِي سِنَّةِ أَيَامِ ثُمَّ السَّمَوَىٰ عَلَى الْعَرَشِ يُغْشِى اللَّهَ النَّهَارَ يَظْلُبُهُ حَثِيثًا وَالشَّمْسَ وَالْقَمَرَ وَالنَّجُومَ مُسَخَرَّتِ بِأَمْرِقِهِ أَلَا لَهُ الْخَلْقُ وَالْأَمْنُ بَبَارِكَ اللَّهُ رَبُ الْعَالَمِينَ وَالنَّجُومَ مُسَخَرَّتِ بِأَمْرِقِهِ أَلَا لَهُ الْخَلْقُ وَالْأَمْنُ بَبَارِكَ اللَّهُ رَبُ الْعَالَمِينَ وَالنَّمُ لَا يُحِبُ المُعْتَدِينَ وَوَلا نَصْرَبُ اللَّهِ قَرِيبُ مِنَ اللَّهُ عَلَى اللَّهُ الللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللللَّهُ اللللَّهُ اللَّهُ اللللْمُ اللَّهُ اللَّهُ اللللْمُ اللَّهُ اللَّهُ اللَّهُ اللللْمُ اللَّهُ اللَّهُ اللللْمُ اللَّهُ اللَّهُ اللَّهُ اللللْمُ اللَّهُ اللَّهُ اللَّهُ الللْمُ اللَّهُ اللللْمُ الللللْمُ الللللْمُ اللللْمُ الللللْمُ اللللْمُ الللللْمُ الللللْمُ الللللْمُ الللللْمُ اللللللْمُ اللللْمُ اللللْمُ الللْمُ الللللللْمُ الللللْمُ الللللْمُ الللللْمُ ال

8 - Verses 115-118 of Soorat Al-Mu'minoon:

9 - Verses 1-10 of Soorah Al-Saaffaat:

﴿ وَالصَّمَا فَالرَّبِ مَا فَالرَّجِرَتِ زَجْرً ۞ فَالنَّلِيكَ ذِكُرُ ۞ إِنَّ إِلَهَكُوْ لَوَجِدٌ ۞ رَبُّ السَّمَاوَتِ وَالْأَرْضِ وَمَا بَيْنَهُمَا وَرَبُ الْمَشْرِقِ ۞ إِنَّا زَيْنَا لَوَجِدٌ ۞ رَبُّ السَّمَاءَ الدُّنيا بِزِينَةٍ الْكَوَكِ ۞ وَحِفْظًا مِن كُلِ شَيْطُانِ مَارِدٍ ۞ لَا يَسَّمَعُونَ اللَّهَاءَ الدُّنيا بِزِينَةٍ الْكَوَكِ ۞ وَحِفْظًا مِن كُلِ شَيْطُانِ مَارِدٍ ۞ لَا يَسَّمَعُونَ اللَّهَاءَ اللَّهَا اللَّهَ الْمُعَلَى وَيُقْذَفُونَ مِن كُلِ جَانِبٍ ۞ دُحُورًا وَلَمُهُمْ عَذَابٌ وَاصِبُ ۞ إِلَا مَنْ خَطِفَ الْمُطَفَة فَأَنْبَعَهُم بِشَهَابٌ ثَاقِبٌ ﴾

11 - Verses 33-36 of Soorah Al-Rahmaan:

﴿ يَنَمَعْشَرَ ٱلِجِنِ وَالْإِنِ إِنِ ٱسْتَطَعْتُمْ أَن تَنفُذُوا مِنْ أَقْطَارِ ٱلسَّمَوَتِ وَآلاَرْضِ فَآنفُدُوا مِنْ أَقْطَارِ ٱلسَّمَوَتِ وَآلاَرْضِ فَآنفُدُوا لَا نَنفُدُونَ إِلَّا بِسُلْطَنِ ۞ فَيِأَيِّ ءَالَآ رَبِّكُمَا تُكَذِّبَانِ ۞ فَيَأَيِّ ءَالَآ مَن تَلْوِ وَنُحَاشُ فَلَا تَنْكَصِرَانِ ۞ فَيَأْيَّءَ اللّهِ رَبِّكُمَا تُكَذِّبَانِ﴾

تُكذِبَانِ﴾

12 - Verses 21-24 of Soorah Al-Hashr:

10 - Verses 29-32 of Soorah Al-Ahqaaf:

﴿ وَإِذَ صَرَفْنَا إِلَيْكَ نَفَرًا مِنَ الْجِنِ يَسْتَمِعُونَ الْقُرْءَانَ فَلَمَا حَضَرُوهُ قَالُوا أَنصِنُوا فَلَمَا قُضِى وَلَوْا إِلَى قَوْمِهِم مُنذِرِينَ ۞ قَالُوا يَكَوْمَنَا إِنَّا سَمِعْنَا كَتَبُا أُنزِلَ مِنْ بَعْدِ مُوسَىٰ مُصَدِّقًا لِمَا بَيْنَ يَدَيْدِ يَهْدِئَ إِلَى الْحَقِي وَإِلَى طَرِيقٍ مُسْتَقِيمٍ ۞ يَقَوْمَنَا آجِيبُوا دَاعِيَ اللّهِ وَءَامِنُوا بِهِمْ يَغْفِر الْحَقِي وَإِلَى طَرِيقٍ مُسْتَقِيمٍ ۞ يَقَوْمَنَا آجِيبُوا دَاعِيَ اللّهِ وَءَامِنُوا بِهِمْ يَغْفِر لَكُمُ مِن عَذَابٍ أَلِيمٍ ۞ وَمَن لَا يُجِبُ دَاعِي اللّهِ لَكُمْ مِن دُونِهِ قَالِيآ أُولِيَاهُ أُولِيَهُ فِي صَلَالٍ مُبِينٍ ﴾ فَلَيْسَ بِمُعْجِزٍ فِي الْأَرْضِ وَلَيْسَ لَمُ مِن دُونِهِ قَالِيَاةً أُولِيَهُ فِي صَلَالٍ مُبِينٍ ﴾

13- Verses 1-9 of Soorah Al-Jinn:

14 - Soorah Al-Humazah:

﴿ وَثِلُّ لِيَكُنِ هُمَزَةٍ لَمُنَوَةٍ اللَّهَ وَ اللَّذِي جَمَعَ مَالًا وَعَدَّدَهُ ٥ يَحْسَبُ أَنَّ مَالُهُ وَعَدَّدَهُ ٥ يَحْسَبُ أَنَّ مَالُهُ وَمَا أَذْرَنكَ مَا الْخُطُمَةُ ٥ مَالُهُ أَذْرَنكَ مَا الْخُطُمَةُ ٥ مَالُهُ اللَّهُ الللَّهُ اللَّهُ اللّهُ اللللّهُ اللّهُ اللللّهُ اللّهُ الللّهُ اللّهُ الللللّهُ الللللّهُ اللللللّهُ الللّهُ الللّهُ الللّهُ اللللّهُ اللللّهُ الللّهُ اللّهُ اللّهُ

15 - Soorah Al-Ikhlaas:

﴿ قُلْ هُوَ ٱللَّهُ أَحَدُ ۞ ٱللَّهُ ٱلصَّاحَدُ ۞ لَمْ يَكِدُ وَلَمْ يُولَدُ ۞ وَلَمْ يَكُن لَّهُ حَكُمُ اللَّهُ ٱلصَّاحَدُ ۞ وَلَمْ يَكُن لَّهُ حَكُمُ اللَّهِ الْحَدُ ۞ ﴿ وَلَمْ يَكُن لَّهُ حَكُمُ اللَّهِ الْحَدُ اللَّهِ اللَّهُ اللّ

16 - Soorah Al-Falag:

17 - Soorah An-Naas:

This rugya affects the Jinn either by driving him/her out of the body of a person before he/she even speaks.

Or luring and evocating and forcing him/her to speak and communicate with you. The following are signs by which you would know that you had evoked the Jinn within the body of a person:

- 1. Closing of the patient's eyes, or staring fixedly on something, or blinking excessively, or placing his/her hands on his/her eyes.
- 2. A vigorous tremor of the body of the patient, or a weak one in his/her limbs.
- 3. A strong shiver.
- 4. Screaming and shouting
- 5. Stating his/her name

Then you start by asking the Jinn the following questions:

- 1. What is your name? And what is your religion?
- 2. What is the reason for you entrance into this body?
- 3. Is there anyone else with you in this body?
- 4. Do you work for a sorcerer?
- 5. Where do you reside in this body?

How to conduct a Rugya with a Muslim Jinn?

If he/she is Muslim, then you use the method of targhib wa tarhib (remind him of the rewards for obeying Allah [by leaving the body], and warning him of the punishment of disobeying Him [by remaining in possession of the body]} and you should treat him/her according to the reason of his entrance into the body that he/she possesses. If the reason for his/her possession is due to an unjust act from the possessed person, then inform him/her that the person never saw him/her, never intended to do any harm, and so does not deserve any punishment.

If the reason of his/her possession is out of desire or passion for the possessed person, you need to explain to him/her that it is unlawful, and remind him/her of the Punishment of Allah SWT on the Day of Resurrection.

If the reason of his/her possession is merely to oppress the possessed person, inform him/her about the evil consequences due to oppressors and of their punishment, on the Day of Judgment.

If he responds and leaves the body, then all praise be to Allah SWT, yet before he leaves, it is necessary for him/her to make an oath to Allah SWT. He should repeat after you the following oath.

"I make my pledge to Allah to leave this body and never come back to it another time, and not to any other Muslim. And if I break my pledge, then may the curse of Allah, His Angels and all people be upon me. If I am truthful, make my exit easy; and if I am a liar, then make the believers have power over me. Allah SWT is Witness of my statement."

Then you say, "From which side will you leave? If he replies that he will come out from an eye, neck or stomach of the possessed person; say to him, "No, but you

have to leave from his/her mouth, nose, ears, fingers or toes." And then say to him/her "Before you leave, say: 'Assalamu alaykum."

After he leaves, check to confirm his exit, because Jinn are often deceptive; so it is necessary that you recite the ruqya once again, and if the patient shows some signs of effect of the Qur'an — a shiver in some parts of his/her body then be certain that the Jinn is still in some part of the body; otherwise he/she must have left.

How to Conduct Ruqya with a non-Muslim Jinn?

<u>First:</u> Before starting anything, you should give him a good and complete insight into Islam, and then should invite him to embrace it. If he/she does, order him/her to repent, explaining to him/her that in order to complete his/her repentance, he/she has to give up his unjust possession of the body and leave it at once.

Second: If he/she refuses to embrace Islam, do not try to convince him, as there is no compulsion where the religion is concerned; yet you may order him to leave the body. If he/she leaves, then all Praise be to Allah SWT, but if he/she resists, then it would be necessary to threaten him/her and it is even permissible to beat him/her. However, no one is permitted to beat unless he has some experience that qualifies him to be certain that the beating would affect the Jinn only and not the possessed person. There is a type of Jinn who flees before the beating, so all the blows fall upon the stricken person, who feels the pain usually on his/her shoulders and throughout the whole of the body.

<u>Third:</u> Reciting the verse of Ayat al-Kursi and the following surahs that hurt the Jin, such as Ya Sin, al-saffat, al-Dukhan, al-Jinn, the last part of Surat al-Hashr, Suraat al-Humazah and al-A'la. In general any verse where Jinn or demons are mentioned, and verses about Hell-Fire and Punishment, they all hurt Jinn and make them suffer.

If he responds, then stop his punishment with the Qur'an, take his pledge with Allah (mentioned earlier) and order him to leave.

The Verses That Punish the Jinn

1 - Al-Faatihah

﴿ يِنْ اللَّهِ ٱلنَّكْنِ ٱلرَّحِيدَ ﴾

"In the Name of Allaah, the Most Gracious, the Most Merciful.

﴿ الْحَكَمَدُ لِلَّهِ رَبِّ الْعَلَمِينَ ۞ الرَّحْمَنِ الرَّحِيمِ ۞ ملكِ يَوْمِ الدِّينِ ۞ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۞ اَهْدِنَا الصِّرُطَ الدِّينِ ۞ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۞ اَهْدِنَا الصِّرُطَ الدِّينَ الْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَعْضُوبِ عَلَيْهِمْ أَلْدِينَ الْمُعْتَى عَلَيْهِمْ غَيْرِ الْمَعْضُوبِ عَلَيْهِمْ وَلَا الصَّكَالِينَ ﴾ ولا الصَّكَالِينَ ﴾

2 - Aayat Al-Kurisy

﴿ ٱللَّهُ لَا إِلَهُ إِلَّا هُوَ ٱلْحَى ٱلْقَيُّومُ لَا تَأْخُذُهُ سِنَةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَةِ وَلَا نَوْمٌ لَهُ مَا فِي ٱلسَّمَوَةِ وَمَا فِي ٱلْأَرْضِ مَن ذَا ٱلَّذِي يَشْفَعُ عِندُهُ ۚ إِلَّا بِإِذْنِهِ ۚ يَعْلَمُ مَا

بَيْنَ آيَدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ مِثَىءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاآةً وَسِعَ كُرْسِيَّهُ ٱلسَّمَوَتِ وَٱلْأَرْضُ وَلَا يَعُودُهُ حِفْظُهُمَا وَهُوَ ٱلْعَلِيُّ ٱلْعَظِيمُ﴾ ﴿ إِنَّ الَّذِينَ كَفَرُواْ وَصَدُّواْ عَن سَبِيلِ اللّهِ فَدْضَلُواْ ضَلَالًا بَعِيدًا ۞ إِنَّ اللّهَ وَلَا لِيَهْدِيهُمْ وَلَا لِيَهْدِيهُمْ وَلَا لِيَهْدِيهُمْ وَلَا لِيَهْدِيهُمْ وَلَا لِيَهْدِيهُمْ وَلَا لِيَهْدِيهُمْ طَرِيقًا ۞ إِنَّا طَرِيقَ جَهَنَّمَ خَلِدِينَ فِهَا أَبَدا وَكَانَ ذَلِكَ عَلَى اللّهِ يَسِيرًا ۞ يَكَأَيُّهُا النّاسُ قَدْ جَاءَكُمُ الرّسُولُ بِالْحَقِّ مِن رّبِّكُمْ فَعَامِنُوا خَيْرًا لَكُمْ وَإِن تَكْفُرُواْ فَإِنَّ لِلّهِ مَا فِي السّمَوَاتِ وَالْأَرْضُ وَكَانَ اللّهُ عَلِيمًا حَيْمًا ۞ يَتَأَهْلُ الْحَيْتِ لَا تَغْلُواْ فِي دِينِكُمْ وَلَا تَقُولُواْ عَلَى حَيْمًا ۞ يَتَأَهْلُ الْحَيْتُ لِلا تَغْلُواْ فِي دِينِكُمْ وَلا تَقُولُواْ عَلَى اللّهِ إِلّٰ الْحَقَّ إِنَّمَا الْمَسِيحُ عِيسَى ابْنُ مَرْيَمَ رَسُولُ اللّهِ وَكِلْمَتُولُ اللّهُ وَكَلِمُنُوا بِاللّهِ وَرُسُلِيْهِ وَرُسُلِيْهِ وَلا تَقُولُوا ثَلَاتُهُ اللّهُ إِلّٰ اللّهُ وَلَا تَقُولُوا ثَلَاتُهُ وَكُلِمُ اللّهُ اللّهُ إِلّٰ اللّهُ وَرُسُلِيْهِ وَرُسُلِيْهِ وَلَا تَقُولُوا ثَلَائَةً النّهُ وَلَا تَقُولُوا ثَلَائَةً أَلَا لَهُ إِلّهُ وَرُسُلِيْهِ وَرُسُلِيْهِ وَلَا تَقُولُوا ثَلَائَةً اللّهُ اللّهُ إِلّهُ اللّهُ إِلّهُ وَحِدٌ شَبْحَدَنَهُ أَن يَكُونَ لَهُ اللّهُ اللّهُ إِلَا اللّهُ الللّهُ اللّهُ الللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّهُولُولُ الللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّهُ الللّهُ

وَلَدُّ لَهُمَافِي السَّمَوَتِ وَمَا فِي الْأَرْضُ وَكَفَىٰ بِاللَّهِ وَكِيلًا ٥ لَنَ يَكُونَ عَبْدًا لِللَّهِ وَلَا الْمَلَيْكَةُ الْمُفَرِّبُونَ وَمَن يَسْتَنكِفَ الْمَلَيْكَةُ اللَّفَرَبُونَ وَمَن يَسْتَنكِف عَن عِبَادَيِهِ، وَيَسْتَكْبِر فَسَيَحْشُرُهُمْ إِلَيْهِ جَمِيعًا ٥ فَأَمَّا لَيْسَتَنكِف عَن عِبَادَيِهِ، وَيَسْتَكْبِر فَسَيَحْشُرُهُمْ إِلَيْهِ جَمِيعًا ٥ فَأَمَّا الَّذِينَ ءَامَنُوا وَعَمِلُوا الصَّلِحَاتِ فَيُوفِيهِمْ أَجُورَهُمْ وَيَزيدُهُم مِن فَضَيِّدُهُ وَاللَّهُ وَلَيْ اللَّهُ عَنابًا اللِيمًا وَلَا يَعِيدُونَ لَهُم مِن دُونِ اللَّهِ وَلِيًّا وَلَا نَصِيدًا ﴾

4 - Al-Maa'idah

﴿ إِنَّمَا جَزَآؤُا ٱلَّذِينَ يُحَادِبُونَ ٱللّهَ وَرَسُولَهُ وَيَسْعَوْنَ فِي ٱلْأَرْضِ فَسَادًا أَن يُقَتَّلُوا أَوْ يُصَكَلَبُوا أَوْ تُقَطّعَ أَيْدِيهِمْ وَآرَجُلُهُم مِنْ خِلَنْهِ أَن يُقَتّلُوا أَوْ يُصَكَلَبُوا أَوْ تُقَطّع آيْدِيهِمْ وَآرَجُلُهُم مِنْ خِلَنْهِ أَو يُعْتَلِبُوا أَوْ يُصَكَلَبُوا أَوْ يُعْتَلِبُوا وَلَهُمْ فِي اللّهُ فَيْ اللّهُ فَيْ اللّهُ اللّهُ عَلَيْهُ 0 إِلّا ٱلّذِينَ تَابُوا مِن قَبْلِ أَن تَقْدِرُوا عَلَيْهُمْ فَاعْلَمُوا أَنَ اللّهُ عَفُورٌ تَجِيمٌ ﴾ عَلَيْهُمْ فَاعْلَمُوا أَنَ اللّهَ عَفُورٌ تَجِيمٌ ﴾

5 - Al-An'aam

﴿ وَمَنَ أَظْلُمُ مِتَنِ ٱفْتَرَىٰ عَلَى ٱللّهِ كَذِبًا أَوْ قَالَ أُوحِى إِلَىٰ وَلَمْ يُوحَ إِلَيْهِ شَيْءٌ وَمَن قَالَ سَأْنِلُ مِثْلَماً أَنزَلَ ٱللّهُ وَلَوْ تَسَرَىٰ إِذِ ٱلظَّالِمُونَ فِي غَمَرَتِ الْفُلْلِمُونَ فِي غَمَرَتِ الْفُلْدِ وَٱلْمُلْكِيكَةُ بَاسِطُوۤا أَيْدِيهِ مِ أَخْرِجُوۤا أَنفُسَكُمُ ٱلْيُومَ تُجُزُونَ اللّهُ عَنْ اللّهِ غَيْرَ ٱلْمُونِ بِمَا كُنتُمْ تَقُولُونَ عَلَى ٱللّهِ غَيْرَ ٱلْمُونِ بِمَا كُنتُمْ عَنْ ءَاينِهِ عَلَى اللّهِ غَيْرَ ٱللّهِ عَيْرَ الْمُونِ بِمَا كُنتُمْ عَنْ ءَاينِهِ عَلَى اللّهِ غَيْرَ الْمُؤَنِّ وَكُنتُمْ عَنْ ءَاينِهِ عَلَى اللّهِ عَيْرَ الْمُؤْنِ فِي اللّهِ عَنْ اللّهِ عَيْرَ الْمُؤْنِ اللّهِ عَنْ عَالَاللّهِ عَيْرَ اللّهُ عَنْ عَالِيلِهِ عَنْ عَالَالِهُ عَنْ عَالَالَهُ عَنْ عَلَيْهِ عَنْ عَالَمُ اللّهُ عَنْ عَالَمُ اللّهُ عَنْ عَلَى اللّهِ عَنْ عَلَى اللّهِ عَنْهُمُ أَلَيْهُ عَنْ عَلَى اللّهُ عَنْ عَلَيْهِ عَنْهُ اللّهُ عَنْهُ وَلَهُ اللّهُ عَلَيْهِ عَنْهُ وَاللّهُ عَنْهُ اللّهُ عَلَى اللّهُ عَلَى اللّهُ عَنْهُ اللّهُ عَنْهُ اللّهُ عَنْهُ إِلَيْهِ عَنْهُ اللّهُ عَنْهُ اللّهُ عَنْهُ اللّهُ عَلَيْهُ اللّهُ عَلَيْهُ اللّهُ عَنْهُ اللّهُ عَلَى اللّهُ عَنْهُ اللّهُ عَنْهُ اللّهُ عَنْهُ اللّهُ عَلَى اللّهُ عَنْهُ اللّهُ عَلَيْهُ اللّهُ عَنْهُ اللّهُ عَلَى اللّهُ عَنْهُ اللّهُ عَلَيْهُ اللّهُ عَنْهُ اللّهُ عَنْهُ اللّهُ عَلَى اللّهُ عَنْهُ عَلَيْهُ اللّهُ اللّهُ عَلَيْهُ عَلَيْهُ اللّهُ اللّهُ اللّهُ عَلَى اللّهُ عَلَى الللّهُ عَالِهُ اللّهُ اللّهُ اللّهُ عَلَيْهُ اللّهُ اللّهُ عَلَيْهُ اللّهُ عَلَيْهُ اللّهُ الللّهُ اللّهُ اللللّهُ اللّهُ اللّهُ الللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّل

6 - Al-A'raaf

﴿ وَنَادَىٰ أَصْحَابُ ٱلجُنَّةِ أَصْحَابَ ٱلنَّارِ أَن قَدْ وَجَدْنَا مَا وَعَدَنَا رَبُّنَا حَقًا فَهَلْ وَجَدَتُم مَّاوَعَدَرَبُّكُمْ حَقًا قَالُوا نَعَمَ فَأَذَنَ مُؤَذِنٌ بَيْنَهُمْ أَن لَقْنَةُ ٱللَّهِ عَلَى

﴿ وَمَا وَجَدْنَا لِأَكْثَرِهِم مِنْ عَهَدٍّ وَإِن وَجَدْنَاۤ أَكُثُرُهُمْ لَفَسِقِينَ ۞ ثُمَّ بَعَثْنَا مِنْ بَعْدِهِم مُوسَىٰ بِنَايَدِنَاۤ إِلَىٰ فِرْعَوْنَ وَمَلَإِيهُ وَظَلَمُواْ بِهَا فَظُلَمُواْ بِهَا فَانْظُرْ كَيْفَ كَاتَ عَنِقِبَهُ ٱلْمُفْسِدِينَ ﴾ .

7 - Al-Anfaal

﴿إِذْ يُوحِى رَبُكَ إِلَى ٱلْمَكَتِكَةِ أَنِي مَعَكُمْ فَنَيْتُوا الَّذِينَ ءَامَنُواْ سَأَلُقِي فِي قَلُوبِ الَّذِينَ كَفَرُوا الرُّعْبَ فَأَضْرِبُواْ فَوْقَ ٱلْأَعْنَاقِ وَاصْرِبُواْ مِنْهُمْ قُلُوبِ اللَّامِينِ كَفَرُواْ الرُّعْبَ فَأَضْرِبُواْ فَوْقَ ٱلْأَعْنَاقِ وَاصْرِبُواْ مِنْهُمْ كُلُوبِ اللَّهَ اللَّهُ وَرَسُولُهُ وَمَن يُشَاقِقِ اللَّهَ وَرَسُولُهُ فَا إِلَى اللَّهُ مَن يُشَاقِقِ اللَّهُ وَرَسُولُهُ وَمَن يُشَاقِقِ اللَّهُ وَرَسُولُهُ وَمَن يُشَاقِقِ اللَّهُ وَرَسُولُهُ وَمَن يُشَاقِقِ اللَّهُ وَرَسُولُهُ وَمَن يُشَاقِقِ اللَّهِ وَرَسُولُهُ وَمَن يُشَاقِقِ اللَّهُ وَرَسُولُهُ وَمَن يُشَاقِقِ اللَّهُ وَرَسُولُهُ وَمَن يُشَاقِقِ اللَّهُ اللَّ

8 - Al-Tawbah

﴿ كَيْفَ يَكُونُ لِلْمُشْرِكِينَ عَهْدُ عِندَ ٱللَّهِ وَعِندَ رَسُولِهِ إِلَّا اللَّهِ وَعِندَ رَسُولِهِ إِلَّا اللَّهِ الْمَيْدِ الْمُرَامِّ فَمَا ٱسْتَقَامُوا لَكُمْ فَٱسْتَقِيمُوا لَكُمْ فَٱسْتَقِيمُوا لَكُمْ أَلْسَتَقِيمُوا لَكُمْ إِنَّا ٱللَّهَ يُحِبُ ٱلْمُتَّقِيبَ﴾ لَمُمَّ إِنَّ ٱللَّهَ يُحِبُ ٱلمُتَّقِيبَ﴾

9 - Ibraaheem

﴿ وَاسْتَفْتَحُواْ وَخَابَ كُلُّ جَبَارٍ عَنِيدٍ ۞ مِن وَرَآبِهِ عَجَمَّمُ وَيُسْقَىٰ مِن مَآءِ صَكِيدٍ ۞ يَتَجَرَّعُهُ وَلَا يَكَادُ يُسِيغُهُ وَيَأْتِيهِ ٱلْمَوْتُ مِن مَآءِ صَكِيدٍ ۞ يَتَجَرَّعُهُ وَلَا يَكَادُ يُسِيغُهُ وَيَأْتِيهِ ٱلْمَوْتُ مِن صَكِيدٍ ۞ مَكَانِ وَمَا هُوَ بِمَيِّتُ وَمِن وَرَآبِهِ عَذَابٌ غَلِيظُ ﴾
مِن كُلِّ مَكَانِ وَمَا هُوَ بِمَيِّتُ وَمِن وَرَآبِهِ عَذَابٌ غَلِيظُ ﴾

وُجُوهَهُمُ النَّارُ ٥ لِيَجْزِى اللَّهُ كُلَّ نَفْسِ مَّا كَسَبَتْ إِنَّ اللَّهَ سَرِيعُ الْحَسَابِ ٥ هَذَا بَلَكُ لِلنَّاسِ وَلِيتُنذَرُوا بِهِ وَلِيَعْلَمُوا أَنَّمَا هُوَ اللَّهُ وَحِدٌ وَلِيعَلَمُوا أَنَّمَا هُوَ اللَّهُ وَحِدٌ وَلِينَذَرُوا الْأَلْبَبِ﴾

10 *- Al-Hijr*

﴿ وَلَقَدْ جَعَلْنَا فِي ٱلسَّمَآءِ بُرُوجًا وَزَيِّنَاهَا لِلنَّاظِرِينَ ۞ وَحَفِظْنَاهَا مِن كُلِّ شَيْطَانِ رَّجِيمٍ ۞ إِلَّا مَنِ ٱسْتَرَقَ ٱلسَّمْعَ فَأَنْبَعَهُمْ شِهَابٌ ثُمِينٌ ﴾

11 - Al-Isra

﴿ قَلَ اَدْعُواْ اللَّهَ أَوِ اَدْعُواْ الرَّحْمَلُ أَيَّا مَا تَدْعُواْ فَلَهُ الْأَسْمَآءُ الْحُسْنَى وَلَا تَجْهَرُ بَيْنَ وَالِكَ سَبِيلًا ۞ وَقُلِ الْحُمَدُ لِلَّهِ لَهُ مَا لَكُهُ لَالِكَ سَبِيلًا ۞ وَقُلِ الْحُمَدُ لِلَّهِ اللَّهِ عَلَى اللَّهُ الللَّلْمُ اللَّه

12 - Al-Anbiyaʻ

﴿ وَأَرَادُوا بِهِ ء كَيْدًا فَجَعَلْنَاهُمُ ٱلْأَخْسَرِينَ ﴾

13 - Al-Dukhaan

﴿ إِنَّ شَجَرَتَ ٱلزَّقُومِ ۞ طَعَامُ ٱلأَشِيمِ ۞ كَالْمُهُلِ يَعْلِى فِي الْبُطُونِ ۞ كَعَلِى ٱلْحَمِيمِ ۞ خُذُوهُ فَأَعْتِلُوهُ إِلَى سَوَآءِ ٱلجَجِيمِ ۞ ثُمَّ الْبُطُونِ ۞ كَعَلِى ٱلْحَمِيمِ ۞ خُذُوهُ فَأَعْتِلُوهُ إِلَى سَوَآءِ ٱلجَجِيمِ ۞ ثُمَّ الْعَالِيمِ صَبُوا فَوْقَ رَأْسِهِ، مِنْ عَذَابِ ٱلْحَمِيمِ ۞ ذُقَ إِنَّكَ أَنتَ ٱلْعَانِيرُ صَبُوا فَوْقَ رَأْسِهِ، مِنْ عَذَامِ ٱلْحَمِيمِ ۞ ذُقَ إِنَّكَ أَنتَ ٱلْعَانِيرُ الْمُتَقِينَ فِي مَقَامٍ آمِينِ ٱلْكَثِيمِ ۞ إِنَّ هَذَا مَا كُنتُم بِهِ، تَمْتَرُونَ ۞ إِنَّ ٱلْمُتَقِينَ فِي مَقَامٍ آمِينِ ۞ فِي جَنَّتِ وَعُيُونٍ ﴾

14 - Al-Ahqaaf

15 *- Al-Hajj*

﴿ هَٰذَانِ خَصْمَانِ ٱخْنَصَمُواْ فِي رَبِيمٍ أَلَّذِينَ كَفَرُواْ قُطِّعَتْ لَمُمْ ثِيابٌ مِن فَوْقِ رُهُ وسِمِمُ ٱلْحَمِيمُ ۞ يُصْهَرُ بِدِ، مَا فِي بُطُونِهِمْ وَآلَهُ لُورِهُ وَسِمِمُ ٱلْحَمِيمُ ۞ يُصْهَرُ بِدِ، مَا فِي بُطُونِهِمْ وَآلَهُ لُودُ ۞ وَلَهُم مَّقَامِعُ مِنْ حَدِيدٍ ۞ كُلَّمَا أَرَادُواْ أَن يَغَرُجُواْ مِنْهَا مِنْ غَيْرٍ أَعِيدُواْ فِيهَا وَذُوقُواْ عَذَابَ ٱلْحَرِيقِ ﴾

16 - Maryam

﴿ فَوَرَيِّكَ لَنَحْشُرَنَّهُمْ وَٱلشَّيَاطِينَ ثُعَّ لَنُحْضِرَتَّهُمْ حَوْلَ جَهَنَّمٌ جِثِيًّا ۞ ثُمٌّ

لَنَهْزِعَنَ مِن كُلِّ شِيعَةٍ أَيُّهُمْ أَشَدُّ عَلَى ٱلرَّحْمَنِ عِنِيًّا ۞ ثُمَّ لَنَحْنُ أَعْلَمُ مِٱلَّذِينَهُمْ أَوْلَى بِهَا صِلِيًّا ۞ وَإِن مِّنكُمْ إِلَّا وَارِدُهَا كَانَ عَلَى رَبِّكَ حَتْمًا مَّقْضِيًّا ۞ ثُمَّ نُنَجِّى ٱلَّذِينَ ٱثَّقُواْ وَنَذَرُ ٱلظَّلِمِينَ فِيهَا جِثِيًّا﴾

17 - Al-Mulk

The Third Stage: After the Treatment

This is sensitive period for the person who was possessed, because he/she is likely to be possessed again by the returning Jinn, therefore, you must give him/her the following instructions:

- 1. To observe Salat in Jama'h
- 2. Not to listen to songs or music or watch television
- 3. To make ablution before he/she goes to bed, and recite Ayat al-Kursi
- 4. To recite Surat al-Bagarah at home after every three days.
- 5. To recite Surah Mulk before he/she sleeps; as for the illiterate, he/she may listen to it.
- 6. To recite Surah Ya Sin in the morning, or listen to it for the illiterate ones.
- 7. To be in the company of pious people, avoiding corrupts ones.
- 8. If the patient is a woman, order her to wear the Hijab (as commanded in Islam) because the demons are usually closer to unveiled women.
- 9. Two hours daily listening to a recitation of the Qur'an, or reciting a part of it.
- 10.To say the following dua' a hundred times, after Salat al-Fajr: la ilaha illa lah, wahdahu la shareeka laho, laho lmulko wa laho lhamdu wa howa 'ala kolli shay'in gadeer.
- 11. To say Bismillah before starting anything.
- 12. No to sleep alone in a room.

When you meet him/her again a month later, recite the ruqya over him/her, if the Jinn does not return to him/her, then order him/her to observe those protections, in order to be safe from demons at all times.

Some important issues:

<u>First:</u> Sometimes when you recite the ruqya over the patient and may notice him/her feeling dizzy, suffocating or shivering in his/her body, without any

evocation of the Jinn taking place. Repeat the task three times, but if nothing happens, then advice him/her using following instructions:

- 1. To observe Salat in Jama'h
- 2. Not to listen to songs or music or watch television
- 3. To make ablution before he/she goes to bed, and recite Ayat al-Kursi
- 4. No to hang any picture with a soul in their house
- 5. To say Bismillah before starting anything.
- 6. To say 'la ilaha illa lah' frequently.
- 7. To recite Surat al-Saffat, al-Dukhan, al-Jinn, or listen to them before retiring to bed.
- 8. To recite Surat Ya-Sin, al-Rahman and al-Ma' arij in the morning.
- 9. Not to sleep alone in a room.
- 10. To observe saying the dua of the day and evening or listen to them.
- 11. In the case of a woman patient, she has to wear the Hijab and not to go out of the house wearing perfume.
- 12. To record the following Surahs, according to their order in Qur'an and to listen every day of the week for 4-6 times; the surah are:

Al-Fatiha, al-Baqarah, al-'Imran, 'al-An'am, Hud, al-Kahf, al-Hijr, al-Sajda, al-Ahzab, Ya Sin, al-Saffat, Fussilat, al-Dukhan, al-Fath, al-Hujurat, Qaf, al-Dhariya, al-Rahman, al-Hasr, al-Saff, al-Jumu'a, al-Munafiqoon, al-Mulk, al-Ma'arij, al-Jinn, al-Takweer, al-Infitar, al-Burj, al-Tariq, al-Ala, al-Ghayshiya, al-Fajr, al-Balad, al-Zalzala, al-Qari'a, al-Humaza, al-kafirun, al-Masad, al-Ikhlas, al-Falaq, al-Nas.

After a month you should recite the ruqya over him/her again so either you would Find that the jinn had been chased out of the body or is still present.

Allah SWT has spared you the Jinn's evil if the Jinn is left the body. You would see the evidence in the absence of body pain in the patient; he/she would cease to have those bad dreams, and any ill effects from rugya.

<u>Second</u>: Sometimes the Jinn, possessing the body, is evoked yet refuses to leave the body. You should recite the Surahs that harm and hurt him/her. If he/she resists them, it is possible to beat him/her, but if he/she insists on staying in the body, then you should give the patient the previous instructions to implement for a whole month.

<u>Third:</u> Sometimes when you recite the ruqya over the patient, it only intensifies his/her crying, even though he/she remains conscious and in good mental health. When you ask about the reason of his/her crying; he/she would reply that he/she cannot help crying, that he/she is unable to control himself/herself. This case is probably that of sihr, and Allah knows best. If you want to be certain about such a case, then recite the following verses in his/her ear.

1. Yūnus: 81-82

فَلَمَّا أَلْقَوْاْ قَالَ مُوسَىٰ مَاجِتْتُم بِهِ السِّحْرُ إِنَّ اللَّهَ سَيُبْطِلُهُ وَإِنَّ اللَّهَ لَا يُصَلِحُ مُوسَىٰ مَاجِتْتُم بِهِ السِّحْرُ إِنَّ اللَّهُ اللَّهُ الْمُحْرِفِ السِّحْرُ إِنَّ اللَّهُ الْحَقَّ بِكَلِمَ نِتِهِ وَلَوْكَرِهَ عَمَلَ الْمُفْسِدِينَ ﴿ اللَّهُ وَيُحِقُّ اللَّهُ الْحَقَّ بِكَلِمَ نِتِهِ وَلَوْكَرِهُ عَمَلَ الْمُفْسِدِينَ ﴿ اللَّهُ اللَّهُ اللَّهُ الْحَقَّ بِكَلِمَ نِتِهِ وَلَوْكَرِهُ وَ اللَّهُ الللَّهُ الللللْمُ اللَّهُ اللَّهُ اللللْمُ الللْمُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللْمُ اللَّهُ اللللْمُ اللَّهُ اللَّهُ اللللْمُ الللْمُ الللْمُ اللْمُ اللْمُ اللْمُ الللْمُ الللْمُ اللللْمُ الللْمُ الللْمُ اللْمُ الللْمُ اللْمُ اللَّهُ الللْمُ الللْمُ اللللْمُ اللللْمُ الللْمُ اللللْمُ ال

﴿ وَأَوْحَيْنَا إِلَى مُوسَىٰ أَنْ أَلِقِ عَصَاكَ فَإِذَا هِى تَلْقَفُ مَا يَأْفِكُونَ ﴿ وَأَوْحَيْنَا إِلَى مُوسَىٰ أَنْ أَلِقِ عَصَاكَ فَإِذَا هِى تَلْقَفُ مَا يَأْفِكُونَ ﴿ فَا فَعَلَمُ اللَّهُ عَمَلُونَ ﴿ فَا فَعَلَمِ اللَّهُ عَمَلُونَ ﴿ فَا فَعَلَمِ اللَّهُ عَمَلُونَ ﴿ فَا فَعَلَمِ اللَّهُ عَمَا اللَّهُ عَمَا اللَّهُ عَمَا اللَّهُ عَلَيْ عَلَيْ اللَّهُ اللَّهُ عَلَيْ اللَّلَّا عَلَا عَلَيْ اللّهُ عَلَيْ اللّهُ عَلَا عَلَا عَلَا عَلَا عَلَا عَلَا عَلَا عَلَا عَا

3. Ta-Ha: 69

وَأَلْقِ مَا فِي يَمِينِكَ نَلْقَفَ مَاصَنَعُوَّ أَلِيَّمَاصَنَعُواْ كَنُدُسكِحِرِّ وَلَا يُفْلِحُ ٱلسَّاحِرُ حَيْثُ أَتَّى ١٠٠٠

<u>Fourth:</u> Sometimes, when Jinn is evokes, he/she starts screaming, shouting, and being threatening, but do not show any fear from him/her; you may beat him/her, so he/she will calm down, by the Will of Allah SWT, then recite over him Verse 76 of Surah al-Nisa

الَّذِينَ ءَامَنُوا يُقَانِلُونَ فِي سَبِيلِ اللَّهِ وَالَّذِينَ كَفَرُواْ يُقَانِلُونَ فِي سَبِيلِ الطَّاعُوتِ فَقَانِلُوۤ الْوَلِيَّآءَ الشَّيْطَانِّ إِنَّ كَيْدَ الشَّيْطَانِ كَانَ ضَعِيفًا الشَّيْطَانِ كَانَ ضَعِيفًا الشَّ

<u>Fifth:</u> Sometimes, the Jinn might insult you and irritate you, but do not show your anger.

<u>Sixth:</u> Sometimes, the Jinn might tell you that you are a pious man, and he/she will leave the possessed body out of respect of you. Say to him/her that you are only a weak servant of Allah, and order him/her to leave in obedience to Allah and His Prophet.

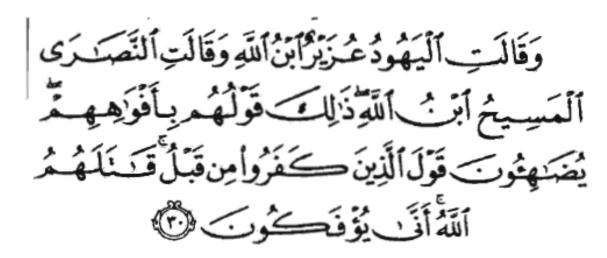
<u>Seventh:</u> sometimes, you might face a stubborn Jinn, so in this case, bring a glass of water close to your mouth, recite over it the verses of ruqya, adding surah Ya-Sin, al-Saffat, al-Dukhan and al-Jinn, then give it to the patient to drink. The Jinn will feel a lot of pain, and so will therefore obey you and leave insha Allah.

<u>Eight:</u> If you want to know the faith of the Jinn without asking him, then recite the following verses that address the people of the Book:

Surat al-Ma'ida, verse 72:

لَقَدَّ كَفَرَا لَذِينَ قَالُوا إِنَ اللَّهُ هُوَ الْمَسِيحُ اللَّهُ هُوَ الْمَسِيحُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ الْمُسِيحُ الْمَسِيحُ اللَّهِ اللَّهُ الْمُسَيحُ اللَّهُ اللْمُلْمُ اللَّهُ اللْمُلْمُ اللْمُلْمُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّه

Surat al-Tawba, verse 30:.



Ninth: Sometimes, the Jinn escapes when he/she has to make a pledge; in this case, recite in the ear of the patient :

four verses from Surat al-Rahman and then repeat them.

<u>Tenth:</u> Sometimes, the Jinn gives you the impression that he/she has left, but still remains still inside the body, and may even be the one talking to you, so how would you know this? You should place your hand on the patient's head, and you would feel a slight shivering, and the same effect if you place your hand on his/her knee. Likewise, if you place your hand on his/her jugular veins, you would feel an unusual pulse.

<u>Eleventh:</u> Sometimes, the Jinn agree to leave, but he/she is unable; either because he/she is still young or is less experienced. He/she would admit it himself/herself and ask you to help him/her out. In this case, you should recite the whole of Surah Ya-Sin over him, and make Adhaan in his ear.

<u>Twelfth:</u> The ruqya should be executed with a slow but heard recitation of the Qur'an, with submissiveness.

<u>Thirteenth:</u> Sometimes, the Jinn makes certain conditions; so if these conditions include obedience to Allah and His Messenger such as; I will leave this body provided he (the possessed one) observes salat, and so on then there is no

harm in accepting these conditions; yet you should let the jinn know that those conditions are to be executed in obedience to Allah and His Messenger, not to him/her. But if his/her conditions mean disobedience to Allah, then his/her demands should be rejected, and he/she should be punished for that.

Fourteenth: If the Jinn leaves the body, by the Will of Allah, then ask the patient and his/her people to prostrate in gratitude to Allah for ridding them of that oppressor. You, as well, need to prostrate to Allah, thanking Him for making you successful over the Jinn, and helping to remove that injustice from the patient.

<u>Fifteenth:</u> If Allah SWT sends the Jinn away, by your hands, do not say, "I removed or expelled him/her". Do not about boast your success; it is one of the great ways of letting Satan into your mind.

Morning and Evening Adkar for Remembrance and Protection

Following is a selection of established valid supplications. The Muslim should ecite these Dhikrs after Fajr prayer and after Asr prayer, until sunset.

They are a strong fortress for the one who persists in reciting them at these times, and the Shaytaan will find no way to affect him.

1. Recite Ayat Al-Kursi

2. Recite Surat Al-Ikhlas, Surat Al-Falaq, and Surat An-Naas, 3 times each

﴿ قُلْ أَعُوذُ بِرَبِ ٱلْفَكَقِ ۞ مِن شَرِ مَا خَلَقَ ۞ وَمِن شَرِ غَاسِقٍ إِذَا وَقَبَ ۞ وَمِن شَكِرِ ٱلنَّفَاثَاتِ فِ ٱلْعُقَادِ ۞ وَمِن شَكِرِ حَاسِدٍ إِذَا حَسَدَ ۞ ﴿ [الفَلَق: ١-٥].

﴿ فَلَ هُوَ اللَّهُ أَحَـٰدُ ۞ اللَّهُ الضَّـَمَدُ ۞ لَمْ سَـَلِدُ وَلَـمْ يُولَـدُ ۞ وَلَـمْ يَكُن لَدُ كُـفُوا أَحَـٰدُ ۞﴾ [الإخلاص: ١-٤].

وَقُلُ أَعُودُ بِرَبِ النَّاسِ ﴿ مَلِكِ النَّاسِ ﴾ إلَاهِ النَّاسِ ﴾ إلَاهِ النَّاسِ ﴾ إلَاهِ النَّاسِ ﴾ في من الخنَّاسِ ﴾ في من ألجنَّة والنَّاسِ ﴾ والنَّاسِ ﴾ النَّاسِ ؛ ١-٢].

3. 10-100 times

٣- لا إِلَهَ إِلَّا اللهُ وَحْدَهُ لا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. (عشرَ مراتٍ) أو (مئةَ مرةٍ).

4. One should say these prayers 3 times:

٤- سُبْحَانَ اللهِ وَبِحَمْدِهِ، عَدَدَ خَلْقِهِ، وَرِضَا نَفْسِهِ، وَزِنَةَ
 عَرْشِهِ، وَمِدَادَ كَلِمَاتِهِ. (ثلاث مرات).

5. One should say 100 times:

6. One should pray for the Prophet sallallahu alaihe wassallam and his family by saying 10 times or more:

٦- اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَيْتَ
 عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ، اللَّهُمَّ
 بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى
 إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ، فِي الْعَالَمِينَ إِنَّكَ حَمِيدٌ
 مَجِيدٌ. (عشرَ مراتٍ أو أكثر).

7. Istighfar

٧- اللَّهُمَّ أَنْتَ رَبِّي لا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ،
 وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَعُودُ بِكَ مِنْ شَرِّمَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ، وَأَبُوءُ لَكَ بِذَنْبِي،
 مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ، وَأَبُوءُ لَكَ بِذَنْبِي،
 فَاغْفِرْ لِي ؛ فَإِنَّهُ لا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ.

8. Ask Allah's forgiveness by saying 70-100 times:

9. In the morning, you should pray:

٩- اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا، وَبِكَ نَحْيَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ، وَإِلَىٰ وَبِكَ نَمُوتُ، وَإِلَیْكَ النَّشُورُ...

In the evening, you should pray:

اللَّهُمَّ بِكَ أَمْسَيْنَا، وَبِكَ أَصْبَحْنَا، وَبِكَ نَحْيَا وَبِكَ
 نَمُوتُ، وَإِلَيْكَ الْمَصِيرُ.

10. One should say the following prayers in the morning and when he goes to bed at night:

١٠ اللَّهُمَّ فَاطِرَ السَّموَاتِ وَالأَرْضِ، عَالِمَ الْغَيْبِ
 وَالشَّهَادَةِ، لا إِلهَ إِلَّا أَنْتَ، رَبَّ كُلِّ شَيْءٍ وَمَلِيكَهُ، أَعُودُ
 بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ، وَأَنْ
 أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ أَجُرَّهُ إِلَى مُسْلِمٍ.

11. The Prophet sallallahu alaihe wassallam said these prayers in the evening and in the morning:

١١- اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَافِيَةَ فِي الدُّنْيَا وَالآخِرَةِ،
 اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ،

وَأَهْلِي وَمَالِي، اللَّهُمَّ اسْتُرْ عَوْرَاتِي، وَآمِنْ رَوْعَاتِي، اللَّهُمَّ اللَّهُمَّ اللَّهُمَّ اللَّهُمَّ الْفَيْسِ وَعَنْ يَمِينِي اللَّهُمَّ الْخَفْظِنِي مِنْ بَيْنِ يَدَيَّ وَمِنْ خَلْفِي، وَعَنْ يَمِينِي وَعَنْ يَمِينِي وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي. تَحْتِي. تَحْتِي.

12. In the morning one can pray:

١٢ - أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لا إِلَهَ
 إِلَّا اللهُ وَحْدَهُ لا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ
 عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

Similarly, in the evening, one can pray:

أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لا إِلَهَ إِلَا اللهُ وَحْدَهُ لا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

In addition to the above-mentioned evening prayer, one can say:

رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذِهِ اللَّيْلَةِ، وَخَيْرَ مَا بَعْدَهَا، وَخَيْرَ مَا بَعْدَهَا، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذِهِ اللَّيْلَةِ، وَشَرِّ مَا بَعْدَهَا.

13. In the morning, one can pray:

١٣- أَصْبَحْنَا عَلَى فِطْرَةِ الإسْلَامِ، وَعَلَى كَلِمَةِ
 الإخْلَاصِ، وَعَلَى دِينِ نَبِينًا مُحَمَّدٍ ﷺ، وَعَلَى مِلَّةِ
 أَبِينَا إِبْرَاهِيمَ حَنِيفًا مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ.

Similarly in the evening one can pray:

أَمْسَيْنَا عَلَى فِطْرَةِ الْإِسْلَامِ، وَعَلَى كَلِمَةِ الْإِخْلَاسِ،
 وَعَلَى دِينِ نَبِيِّنَا مُحَمَّدٍ ﷺ، وَعَلَى مِلَّةِ أَبِينَا إِبْرَاهِيمَ حَنِيفًا مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ.

14. If one says the following prayer on arriving at a place to stay in, no harm will happen to him in that place during his stay:

15. If one says the following supplication three times, one will not be harmed and will not encounter any sudden affliction that day:

16. If one says these prayers three times, Allah will please him

Adhkar on Going to Bed

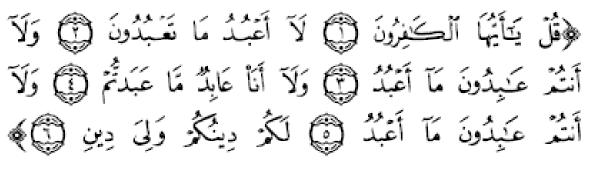
In preparation for going to bed, one should do wudu. Then, one should lie on one's right side, and say the following adkaar.

1. Recite Ayat al-Kursi

2. Recite the last verses of Surat Al-Baqarah

﴿ يَلَهِ مَا فِي ٱلسَّمَكَوَتِ وَمَا فِي ٱلْأَرْضِّ وَإِن تُبْدُواْ مَا فِي أَنفُسِكُمْ أَوِّ تُحْفُوهُ يُحَاسِبْكُم بِهِ ٱللَّهُ ۚ فَيَغْفِرُ لِمَن يَشَآهُ وَيُعَذِّبُ مَن يَشَكَآهٌ وَٱللَّهُ عَلَىٰ كُلِّ شَيْءِ قَدِيرٌ ﴿ اللَّهُ عَالَمَ ٱلرَّسُولُ بِمَآ أُنْزِلَ إِلَيْهِ مِن رَبِهِ، وَٱلْمُؤْمِنُونَ كُلُّ ءَامَنَ بِٱللَّهِ وَمَلَتَبِكَنِهِ، وَكُنْبُهِ، وَرُسُلِهِ، لَا نُفَرِّقُ بَيْنَ أَحَدِ مِن رُّسُلِهِ ۚ وَقَىٰ الْوَا سَمِعْنَا وَأَطَعْنَا ۖ غُفْرَانَكَ رَبَّنَا وَإِلَيْكَ ٱلْمَصِيرُ ۞ لَا يُكَلِّفُ ٱللَّهُ نَفْسًا إِلَّا وُسْعَهَا لَهَا مَا كَسَبَتُ وَعَلَيْهَا مَا ٱكْتَسَبَتُ ۚ رَبَّنَا لَا تُؤَاخِذُنَا ۚ إِن نَسَنَآ أَوۡ أَخۡطَكَأْنَا ۚ رَبُّنَا وَلَا تَحۡمِلۡ عَلَيۡنَاۤ إِصْرًا كُمَا حَمَلْتَهُۥ عَلَىٰ ٱلَّذِينَ مِن قَبْلِنَا ۚ رَبُّنَا وَلَا تُحَكِّمُلُنَا مَا لَا طَاقَةَ لَنَا بِهِ ۗ وَٱعۡفُ عَنَّا وَٱغۡفرَ لَنَا وَٱرۡحَمۡنَأَ أَنتَ مَوۡلَكۡنَا فَٱنصُـرَنَا عَلَى ٱلْقَوْمِ ٱلْكَفِرِينَ ﴿ ﴿ الْمَقَدَةَ: ٢٨٤-٢٨٦]٠

3. Recite Surat Al-Kafirun

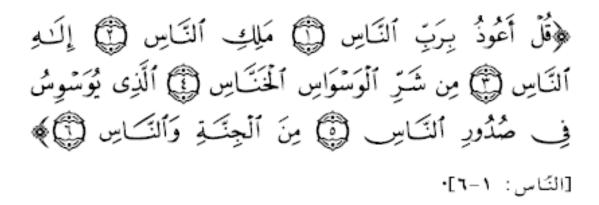


[الكافِرون: ٦-١]٠

4. Do Nafth (blowing slightly – without spitting into your palms put together) after reciting Surah Ikhlas, Surat Al-Falaq, and Surat An-Naas. Having recited the three Surahs and done Nafth into your hands, rub your hands over the parts of your body you can reach, starting with the head, face and front of your body. You can do the recitation, the Nafth and the rubbing three times.

﴿ فَأَلَ هُوَ اللَّهُ أَحَكُمُ ۚ إِنَّهُ الطَّكَمَدُ ۚ إِنَّ كُمْ كِلِدٌ وَلَـمُ يُولَـدُ ۚ إِنَّ وَلَـمُ يَكُن لَهُۥ كُفُوا أَحَـكُمُ ۚ إِنَّهُ [الإخلاص: ١-٤].

﴿ قُلْ أَعُوذُ بِرَبِ ٱلْفَكَقِ ﴿ مِن شَرِّ مَا خَلَقَ ۞ وَمِن شَرِّ غَاسِقٍ إِذَا وَقَبَ ۞ وَمِن شَكَرِّ ٱلنَّفَاثَاتِ فِى ٱلْمُقَادِ ۞ وَمِن شَكَرِّ حَاسِدٍ إِذَا حَسَدَ ۞ ﴿ [الفَلَق: ١-٥].



Subhanallah (Glory be to Allah) 33 times
 Alhumdu-lil-laah (Praise be to Allah) 33 times
 Allahu Akbar (Allah is the Greatest) 34 times

6. Say:

7. Say:

٧- بِاسْمِكَ رَبِّ وَضَعْتُ جَنْبِي وَبِكَ أَرْفَعُهُ، إِنْ أَمْسَكْتَ نَفْسِي فَارْحَمْهَا، وَإِنْ أَرْسَلْتَهَا فَاحْفَظْهَا بِمَا تَحْفَظُ بِهِ عَبَادَكَ الصَّالِحِينَ.

8. In conclusion, you can say:

O Allah! I have surrendered my soul to You, entrusted You with my affairs, turned my face towards You, and sought Your protection of my back. All this in pursuit of Your pleasure and out of fear to You. There is no escape or refuge from You

except in You. I believe in Your Book, which You have sent down and in Your Prophet, whom You have sent.

٨-اللَّهُمَّ أَسْلَمْتُ نَفْسِي إِلَيْكَ، وَفَوَّضْتُ أَمْرِي إِلَيْكَ،

وَوَجَّهْتُ وَجْهِي إِلَيْكَ، وَأَلْجَأْتُ ظَهْرِي إِلَيْكَ، رَغْبَةً وَرَهْبَةً إِلَيْكَ، لا مَلْجَا وَلا مَنْجَا مِنْكَ إِلا إِلَيْكَ، آمَنْتُ بِكِتَابِكَ الَّذِي أَنْزَلْتَ، وَبِنَبِيِّكَ الَّذِي أَرْسَلْتَ.

Meet Your Enemy

This is some information about your arch enemy, may the curse of Allah be upon him:

Name: **Iblees** Place: The hearts of the negligent, heedless, careless, ... Tawagheet (any enemy of Allah) Clan: Eternal residence: Hell Fasiq of first degree Status: Places where the Name of Allah is not mentioned Regions: The route of his journey: Deviated His capital: Wishes and desires The place of his gathering: The markets The enemies of his journey: Muslims His sign: Sewage The device of his work: Hypocrisy in his ethics The color of his work: Any color, according to the place His spouses in the world: The half-naked women of mankind His favourite people: Those who are negligent of remembering Allah Seeking forgiveness What disturbs him: His writings: **Tatoos**

Bathrooms/toilets

His home:

His first appearance: The day when he refuse to prostrate to Adam

His friends: Hypocrites

The source of his provision: unlawful wealth

His operations rooms: Impure and defiled places, and places of sin.

His services: Enjoining evil and calling people to it

His commands: To follow sins and vice

Religion: Kufr

His profession: The general manager of those who have earned

the Anger of Allah, and those who have gone

astray.

The period of his service: Until the Day of Resurrection

The destination of his journey: Hell

The trade revenue: End in smoke

His companions on the journey: The devils among Jinn and mankind

His colleagues at work: Those people who stay silent about the truth

(does not reveal the truth)

His mode of transport: Telling lies

His wage: Him and his followers are well supported

His means of communication: Slander, lie, and spying

His favorite dish: The flesh of corpses (i.e slandered people)

Whom he fear: A believer who is fearful and mindful of Allah

His most hated people: Those males and females who remember Allah

His defence: The scheming of Satan is feeble

His allurements: Women

His hobbies: Misguidance and deception

His wish: To make all mankind disbelievers

His end: The Day of Reckoning

His most favorite activity: To see homosexuality spread among people

The secret of his followers: "I" the term of proud and haughty people

His entertainers: Male and female artists

His promises: Poverty

The things makes him cry: Numerous prostrations

It was narrated that Ibn 'Abbas radiallahu anhu said, "I was riding behind the Prophet sallallahu alaihe wassallam one day when he said, "O young man, I will teach you some words (of advice). Be mindful of Allah, and Allah will protect you. Be mindful of Allah and you will find Him in front of you. If you ask help, seek help from Allah. Know that if the nation were to gather together to benefit you with anything, they would benefit you only with something that Allah has already decreed for you, and if they were to gather together to harm you with anything, they would harm you only with something that Allah has already decreed for you. The pens have been lifted and the pages have dried." Sunan Al-Tirmidhi

I ask Allah to guard you and protect you, and keep you in His care, for He is Able to do that.